

Scripture: Ephesians 6:10-18

OPEN:

1. What are some victories you can claim when it comes to changing any past patterns of behavior? How were you able to make those changes last?

Read Ephesians 6:10-18

DIG:

1. What does it mean to "put on" the armor of God?
  
2. Which piece of armor do you need most in your life right now? Why?

Watch the video

3. "For as a man thinks in his heart, so is he." (Proverbs 23:7 NKJV). What is the connection between your thoughts and your actions? How have you seen the truth of this verse play out in your life or the life of someone close to you?
  
4. Share a time in your life that you realized you had to make drastic changes to pursue the plans that God had for you. What factors caused you to come to this realization?

5. But thanks be to God, who gives us the victory through our Lord Jesus Christ" (1 Corinthians 15:57). What does it mean to fight the enemy from a place of victory? How does this change your mindset regarding the spiritual battles you face?
  
6. God had promised to give the land of Canaan to the Israelites. However, when Moses sent twelve men to explore the land, ten came back with this report: "We seemed like grasshoppers in our own eyes, and we looked the same to them"(Numbers 13:33). What conclusions were they making about their situation that was not correct?
  
7. What are some of the daily rhythms you have developed to remind yourself that your story is one of victory? What Bible verse or passage of Scripture do you rely on the most often to remind yourself of God's truth in the face of the devil's?

REFLECT:

1. After reviewing the lesson and any notes you took, what is your most significant takeaway from this session?

BONUS:

Monday: My God knows my name (Isaiah 43:1)

Tuesday: My God goes before me (Deuteronomy 31:8)

Wednesday: I can do all things through Christ who strengthens me (Philippians 4:13)

Thursday: My present sufferings pale in comparison to the future glory that God has stored up for me in my life (Romans 8:18)

Friday: No weapon formed against me will prosper (Isaiah 54:17)

Saturday: I am a child of God (Romans 8:16)

Sunday: The same power that raised Jesus Christ from the dead lives in me (Ephesians 1:19-20)