

Scripture: 2 Corinthians 10:3-6

OPEN:

1. What is an activity or pursuit in your life that has required you to make course corrections? How did you put these changes in place?

Read 2 Corinthians 10:3-6...any version

DIG:

1. What does it mean to "live in the world" but not to "wage war as the world does"?
2. What comes to mind when you consider taking every thought captive in order to make it obedient to Christ? How have you attempted to do this in your life?

Watch the video

3. Why is it so critical to win the battle over your thoughts? How do you respond to the idea that regardless of what has happened in your past, you have the ability to make "halftime adjustments" that will help you secure the victory?
4. When a thought enters your mind, you first have to identify that thought to see if it is coming from the enemy or from God.¹ How successful have you been when it comes to identifying those thoughts that are from the enemy?

¹ Think of the tactics Satan used against Adam and Eve to convince them to sin.

5. When you identify a thought that is from the enemy, how do you bind it in Jesus' name? What does this look like in actual practice in your life?²

6. What strategies have you found to be effective when it comes to living out the truth of God's Word? How has this helped you to win the battle for your mind?

REFLECT:

1. After reviewing the lesson and any notes you took, what is your most significant takeaway from this session?

² Think of the strategies Jesus used to fight against the enemy in the wilderness.